



Sunday to Thursday

Number the cards in story order.

Mirel talks with Aunt Sheindy at her door and says the plain fact.

Aunt Sheindy says Mirel never minds and Mirel says sure.

Mirel counts Thursday afternoon and the math pages.

Mirel offers an hour on Sunday.

Mama says she can mind this time.



Label or choice?

Sort the lines. A label is what people say. A choice is what Mirel decides.

LABEL**CHOICE**

Mirel is the easy one.

Mirel says sure.

Mirel never minds.

Mirel talks with Aunt Sheindy.

Mirel offers an hour on Sunday.



The warm place

Read the thoughts. Mark which one the story shows. Rewrite one in your own words.

Thought	Shown?
☐ Being called easy has a small warm place in it.	
☐ Aunt Sheindy yells at Mirel.	
☐ Mirel feels lighter after the talk.	

One thought in your own words



A true sentence

Draw a path through the parts of a useful talk at the door.

Start

Say the plain fact.

Give a long speech about being asked too often.

Say what you can do instead.

Blame the twins.

Say sorry for the change.

A useful conversation



Mind this time

Use fictional people. Fill the fields. No private disclosure is needed.

A fictional label people use for a character

What the character might say before thinking

A plain true sentence the character could use

Something the character can offer



Easy is not a promise

Read the reminders with an adult. Choose one that fits. Final stickers are 2 1/4-inch squares.

**A label is not a
promise**

Say it early

Mind this time

**Offer what you
can**

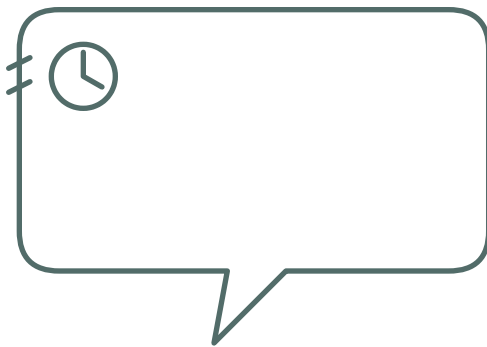
**Helping is still
allowed**

**Say the plain
fact**



Two ways to say sure

Draw two speech bubbles for the same word, one said quickly and one said after thinking. Add one thing the character checks.



One thing the character checks



Find the honest words

Find MIND, SURE, LABEL, TRUE, ASK, CHOOSE, TEST, HELP. All go left to right. Tell one word's part in the story.

M	I	N	D	X	Q	Z	B	W	P
X	S	U	R	E	Q	M	D	F	G
Z	L	A	B	E	L	P	X	K	H
Q	T	R	U	E	B	V	D	W	C
A	S	K	X	M	Z	P	Q	B	N
X	C	H	O	O	S	E	D	F	G
B	T	E	S	T	Q	W	X	Z	M
K	H	E	L	P	X	D	C	B	N
P	Q	M	Z	X	W	V	B	D	F
C	B	N	M	K	X	Q	Z	P	D

MIND**SURE****LABEL****TRUE****ASK****CHOOSE****TEST****HELP**

One word's part in the story



Parent notes and answers

Discussion questions:

What did Mirel say before she thought?

Why did the word easy feel warm and hard to lose?

What did Mama say about minding this time?

What true sentence did Mirel use with Aunt Sheindy?

What did she offer instead?

Parent tool: Praise for being easy can make a no feel risky. Help the teen separate a label others use from her own present need, say the plain fact early and offer what she can do without proving the label wrong. Do not turn it into a rule that she must refuse favors; helping and declining are both ordinary. No compulsory personal disclosure.

1. Listed order 4, 1, 2, 5, 3.

2. LABEL: easy one, never minds, such a help. CHOICE: say sure, talk with Aunt Sheindy, offer Sunday.

3. Shown: being called easy is nice; she waits for the warm place to vanish; she feels lighter afterward. Not shown: Aunt Sheindy gets angry; Mirel proves the label wrong.

4. Useful nodes: Say the plain fact; Say what you can do instead; Say sorry for the change. Not useful nodes: Give a long speech about being asked too often; Blame the twins.

5. Open. Example label: always helps. Example sentence: I said yes quickly and I need to change it.

6. Open. Helping and declining can both be honest.

7. Open. No people required; two bubbles and a small notebook with a calendar page are enough.

8. MIND: row 1, column 1, right; SURE: row 2, column 2, right; LABEL: row 3, column 2, right; TRUE: row 4, column 2, right; ASK: row 5, column 1, right; CHOOSE: row 6, column 2, right; TEST: row 7, column 2, right; HELP: row 8, column 2, right