



Job order

Number the cards in story order.

Chavi arrives for her first babysitting job next door.

Mrs. Lerner leaves and Leibel begins to cry.

Chavi tries a tower, a song and a cracker, and none of it helps.

Chavi asks herself whether his crying means she is failing.

Chavi sits near Leibel and says she will stay with him.



Fact or thought?

Mark FACT for what the story shows happened. Mark THOUGHT for the story Chavi tells herself.

Statement	FACT	THOUGHT
Leibel cries after the door clicks.	☐	☐
I am bad at this.	☐	☐
Leibel throws the cracker.	☐	☐
If he is crying, I am failing.	☐	☐



Fixing or staying

Choose the sentence that stays with a feeling. Rewrite one other sentence in your own words.

Sentence	Stays with the feeling?
☐ You miss Mommy. I am here.	
☐ Stop crying right now.	
☐ You can be sad. I will sit with you.	

One sentence in your own words



Steady sitter

Draw a path through the moves that help a sitter stay steady.

Start

Check needs, then sit nearby.

Say the baby must stop.

Ask whether the thought is true.

Say you are here.

Decide you are failing.

Get the grown-up if something is wrong.

A steady, safe response



My sitter notes

Use a fictional sitter. Write three things that help when a child is upset.

A fictional sitter and child

Three things that help

Who is reachable



Staying words

Read the reminders with an adult. Choose one that fits. Final stickers are 2 1/4-inch squares.

**Needs first,
then stay**

**Crying is not
failing**

You can be sad

I am here

**Not sure? Get
the grown-up**

Ask if it is true



Truck on the floor

Draw a toy truck on a rug beside a block tower that has fallen over.



A detail I add to the rug or blocks



Find the sitter words

Find LEIBEL, TRUCK, BREATHE, STAY, SOFT, WAVES, MOTHER, DOOR. All go left to right. Tell one word's part in the story.

L	E	I	B	E	L	X	Q	Z	B
X	T	R	U	C	K	M	D	F	G
Z	B	R	E	A	T	H	E	K	H
Q	S	T	A	Y	B	V	D	W	N
X	S	O	F	T	Q	M	Z	P	G
B	W	A	V	E	S	Q	D	F	G
X	M	O	T	H	E	R	Z	M	C
D	O	O	R	X	B	N	M	Z	P
P	Q	M	Z	X	W	V	B	D	F
C	B	N	M	K	X	Q	Z	P	D

LEIBEL**TRUCK****BREATHE****STAY****SOFT****WAVES****MOTHER****DOOR**

One word's part in the story



Parent notes and answers

Discussion questions:

What did Chavi try first, and what happened?

What did she tell herself while Leibel cried?

What question did she ask herself about that thought?

What did she do instead of trying to fix the crying?

What did she write at the end?

Parent tool: Young children often cry when a parent leaves, and it does not mean the sitter is failing. Staying calm and nearby is a real job. Check basic needs first (dry, fed, not hurt or hot) and get the reachable adult for any health, safety or practical problem or if unsure. Staying with a feeling applies only when the child is safe. Do not promise a feeling stops on a schedule. A sitter needs a reachable adult and clear instructions. Use fictional examples only.

1. Listed order 1, 2, 3, 4, 5.

2. FACT: Leibel cries after the door clicks; he throws the cracker. THOUGHT: I am bad at this; if he is crying I am failing.

3. Staying: You miss Mommy; I will sit with you. Fixing: Stop crying right now.

4. Useful nodes: Check needs, then sit nearby; Ask whether the thought is true; Say you are here; Get the grown-up if something is wrong. Not useful nodes: Say the baby must stop; Decide you are failing.

5. Open. Example: stay calm, say what you see, keep a grown-up reachable.

6. Open. No result is promised.

7. Open. No people needed.

8. LEIBEL: row 1, column 1, right; TRUCK: row 2, column 2, right; BREATHE: row 3, column 2, right; STAY: row 4, column 2, right; SOFT: row 5, column 2, right; WAVES: row 6, column 2, right; MOTHER: row 7, column 2, right; DOOR: row 8, column 1, right