



Put the story in order

Write 1-5 in the empty boxes to show the story order. Look back at the story if you need to.

Her brother admits he is frightened too.

Chani waits during her brother's hospital visit without crying.

Mama makes a bedtime-support plan and will seek more help if needed.

The next morning her spoon rattles and milk spills.

Mama listens and sits with her without demanding quick calm.



Shown or assumed?

Write Fact or Guess beside each statement. Fact is shown in the story.
Guess is an assumption or prediction.

Statement	Fact / Guess
Adults handle the doctor's instructions.	
Delayed tears erase what Chani managed yesterday.	
Chani feels frightened the day after the visit.	
A child must monitor a sibling's cast to stay brave.	
A cupboard lid makes her jump the next morning.	
Laughing at a paper rabbit means she does not care.	

Choose one guess. What is still unknown?



Choose a next-step path

Choose the useful steps. Draw arrows between the boxes in an order you can explain. You do not need to choose every box or make every feeling disappear.

Start

Feelings arrive after a frightening afternoon is over.

☐ **1.** Tell a caregiver about the feelings without proving a brave face.

☐ **2.** Promise that no accident will ever happen again.

☐ **3.** Ask for company and a simple bedtime-support plan.

☐ **4.** Make the child watch the cast all day.

☐ **5.** Leave medical monitoring and decisions about more help with adults.

Finish

Changing feelings can be supported without making the child a medical helper.

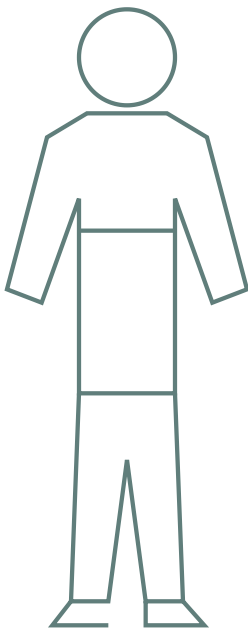


Notice without a verdict

Use the character, an invented child, or a mild example. You may draw, skip private details, or ask a grown-up to help. A body clue is not proof of a feared event.

Story clue

The spoon rattles and Chani's chest feels tight.



Possible feeling

What feeling could fit? More than one may fit.

Known / still unknown

Where is her brother now? Which care instructions belong to adults?

Supported next action

Tell a caregiver about the feelings without proving a brave face.



A supported next morning

Use an invented family after a frightening but now adult-handled event. Write one request for company, a simple ordinary activity the child may choose, and a plan for telling a caregiver if sleep or daily life stays difficult. Do not describe injuries. Use an invented person. Write what the person can say, what they can do, and where adult help belongs. Then write one part they cannot control.

Notice / meaning	Action / words	Help / limits

Words I could try

A fair action

Help or permission needed

Not mine to control



Words to keep

Six reminders. Each square is 2 1/4 inches.

**Feelings have
their own
timing**

Tell a grown-up

**Yesterday still
counts**

**Company is
allowed**

**Adults handle
the care**

**I needn't keep
one face**

Circle a reminder for one scene. Tell why it fits.



Draw the turning point

Draw and color this scene: Mama sits beside Chani at the kitchen table with a fresh cereal bowl while they take time to talk. Add a speech bubble or a sentence. Artistic skill is not scored.

The scene and the choice

My speech bubble or sentence



Find the story words

Find the words across, down, or diagonally down-right. No words read backward.

I	H	B	S	P	N	V	V	A	I	C	C
A	I	U	O	U	R	G	F	D	H	V	P
C	M	B	F	W	F	S	D	R	F	F	R
Q	S	B	E	T	L	J	Y	Y	R	D	T
I	P	U	N	R	C	J	R	G	U	D	I
F	O	Z	D	C	M	U	W	T	J	B	M
F	O	P	Y	H	F	M	V	L	H	K	E
Y	N	H	G	A	X	A	G	O	P	V	U
E	S	E	R	I	D	Y	R	O	Z	Q	U
C	B	L	G	R	Z	P	S	C	D	D	X
L	E	P	K	C	A	R	E	J	H	D	H
Y	J	L	M	U	E	O	E	D	W	P	Q

SPOON**HELP****BOWL****TIME****CHAIR****CARE**

Choose two words. How do they connect to the story?



Parent notes and answers

Discussion questions: Why does the word brave become pressure for Chani?; What does Mama offer instead of a promise of no accidents?; Who decides when more support is needed?

Tool: Allow delayed or changing responses to a frightening event. Give current, bounded information and company. Keep medical responsibility with adults.

1. Listed order: 4, 1, 5, 2, 3. Turning-point explanation may vary but should name a change shown in the story.
2. Listed order: Fact, Guess, Fact, Guess, Fact, Guess. A feeling can be real without proving a prediction.
3. Useful route: Start to 1 to 3 to 5 to Finish. Other orders may be reasonable if explained; the story is not a rule that every child must copy.
4. Open response. A later jump or tears do not cancel an earlier steadier moment. Do not grade how calm a child feels or ask for private disclosures.
5. Open responses. No required retelling, distress recreation or medical task. Adults arrange further help when needed.
6. Open choices. A reminder offers support, not a promise that another person or a feeling will change.
7. Open drawing. No hospital injury image; show ordinary caregiver company without a guaranteed smiling outcome.
8. SPOON: row 4, column 2, down; CHAIR: row 6, column 5, down; BOWL: row 1, column 3, down_right; HELP: row 8, column 3, down; TIME: row 4, column 12, down; CARE: row 11, column 5, right