



Activity 1 of 9

Remember the story

1. What spills on Shira's socks?

2. Why does Mommy have to drive Shira to school?

3. What does Rina ask Shira?

4. What does Shira draw in art?



Activity 2 of 9

Fact or guess? (circle one)

1. Shira wears one pink sock and one purple sock. Fact / Guess
2. The rest of the day is perfect. Fact / Guess
3. Shira arrives at school five minutes late. Fact / Guess
4. Rina gives Shira an idea about starting over. Fact / Guess



Activity 3 of 9

Think and write

1. Tell about a day that started badly. What helped it get better?

2. What does 'a day is made of little moments' mean?

3. What kind thing could you do to restart your day?



Activity 4 of 9

Word search (find all 6)

Words: JUICE, SOCKS, FRESH, START, RINA, BUS

M	Y	S	D	Y	E	T	N	L	H	D
U	B	U	S	R	G	N	F	F	C	D
J	A	B	T	R	V	K	W	M	O	R
B	W	F	A	D	I	O	S	K	A	C
T	D	C	R	K	I	N	V	C	W	J
W	B	A	T	G	H	R	A	R	Y	A
S	O	C	K	S	F	A	W	R	E	J
E	N	I	D	M	F	R	E	S	H	D
G	H	G	H	D	J	E	S	M	E	V
C	O	P	A	F	G	V	J	M	D	J
G	L	U	J	J	U	I	C	E	E	W



Activity 5 of 9

Scrambled words (from the story)

1. CEIUJ = _____

2. KSOCS = _____

3. MMOYM = _____

4. LELB = _____

5. TTASR = _____



Activity 6 of 9

Say it out loud

Practice each line in a calm, steady voice:

"I can start over right now."

"Right now is okay."

"Thank you for checking on me."



Activity 7 of 9

My chart

My Fresh Start Chart

#	What went wrong	What I noticed right now	My new start
Morning			
Afternoon			
Evening			



Activity 8 of 9

Draw it

Draw a smiling pink sock and a smiling purple sock, side by side.





Activity 9 of 9

Answers

Remember the story:

1. Orange juice
2. Shira misses the bus
3. Whether the whole day is ruined or just the morning
4. Her two odd socks with little faces

Fact or guess: 1 Fact; 2 Guess; 3 Fact; 4 Fact

Scrambled words: JUICE, SOCKS, MOMMY, BELL, START

Think and write: answers will vary; talk them over together.