



Activity 1 of 9

Remember the story

1. Why is Eli's family moving?

2. What does Totty ask Eli to do with his worries?

3. What do they do before Monday?

4. What does the boy with the striped kippah invite Eli to do?



Activity 2 of 9

Fact or guess? (circle one)

1. Eli writes down eleven worries. Fact / Guess
2. Morah Devorah wears glasses. Fact / Guess
3. Eli makes a plan for each worry he can do something about. Fact / Guess
4. Eli's cousin Shmuli wears glasses. Fact / Guess



Activity 3 of 9

Think and write

1. What worries do you have about something new?

2. Which of your worries can you do something about, and which can you not?

3. What can you say to yourself when your mind fills in the blank spaces?

Activity 4 of 9

Word search (find all 6)

Words: MAYBE, WORRY, PLAN, SCHOOL, GLASSES, PAPER

J	S	L	H	K	S	C	H	O	O	L
W	S	O	N	P	C	V	T	K	R	F
H	N	H	B	B	P	J	U	W	R	C
S	C	P	L	A	N	E	M	T	E	L
U	E	D	D	S	O	F	G	L	P	N
N	O	E	H	E	W	I	E	U	A	R
F	D	B	I	S	O	W	J	F	P	W
V	F	Y	F	S	P	L	O	K	N	H
A	S	A	Y	A	B	K	K	R	H	C
I	O	M	M	L	T	F	M	P	R	W
H	R	I	R	G	P	U	P	C	F	Y



Activity 5 of 9

Scrambled words (from the story)

1. RWYRO = _____

2. MBYAE = _____

3. SSGASEL = _____

4. OSHCOL = _____

5. DSRAC = _____



Activity 6 of 9

Say it out loud

Practice each line in a calm, steady voice:

"I don't know yet, but I can find out."

"I can handle one step at a time."

"Can I see the room before I start?"



Activity 7 of 9

My chart

My Worry Plan Chart

#	My worry	Can I do something?	My plan
Worry 1			
Worry 2			
Worry 3			



Activity 8 of 9

Draw it

Draw Eli's page of worries getting smaller as each one gets a plan.

A large, empty rectangular box with a thin black border, intended for a drawing. It occupies the central portion of the page below the instructions.



Activity 9 of 9

Answers

Remember the story:

1. They are moving to a new neighborhood
2. Write them all down on paper
3. They visit the new school
4. Play cards at recess

Fact or guess: 1 Fact; 2 Guess; 3 Fact; 4 Fact

Scrambled words: WORRY, MAYBE, GLASSES, SCHOOL, CARDS

Think and write: answers will vary; talk them over together.