



Activity 1 of 9

Remember the story

1. Whose sleepover is it?

2. What is in Chana's duffel for 'just in case'?

3. What does Chana do when she feels homesick?

4. What does she smell in the morning?



Activity 2 of 9

Fact or guess? (circle one)

1. Chana's sleeping bag has yellow ducks. Fact / Guess
2. Everyone else at the sleepover is asleep and fine. Fact / Guess
3. Shira says she's felt homesick too. Fact / Guess
4. Shira's mother gives Chana a hug and warm milk. Fact / Guess



Activity 3 of 9

Think and write

1. What helps you feel better when you miss home?

2. Why does asking for help not make Chana a baby?

3. What would you pack in a feel-better kit?



Activity 4 of 9

Word search (find all 6)

Words: SLEEPOVER, FLASHLIGHT, PHOTO, POPCORN, PANCAKES, DUCKS

O	K	C	G	C	J	B	G	H	Y	O
F	L	A	S	H	L	I	G	H	T	T
Y	P	L	S	I	U	B	S	W	P	G
J	V	A	I	T	R	A	I	T	O	O
H	K	U	L	G	V	L	D	L	P	P
S	L	E	E	P	O	V	E	R	C	C
O	U	D	U	C	K	S	U	S	O	F
V	P	A	N	C	A	K	E	S	R	T
Y	C	J	V	K	B	P	E	B	N	K
O	U	T	C	P	F	P	H	O	T	O
E	Y	L	W	G	F	F	H	K	C	F



Activity 5 of 9

Scrambled words (from the story)

1. GSENPEIL = _____

2. GSLALFTHIH = _____

3. CONOPRP = _____

4. NCAAEKSP = _____

5. FLDEUF = _____



Activity 6 of 9

Say it out loud

Practice each line in a calm, steady voice:

"I'm a little homesick."

"Can I have a hug? I miss home."

"I can do this."



Activity 7 of 9

My chart

My Feel Better Kit

Day / moment	What I used	How it helped	When I used it
Moment 1			
Moment 2			
Moment 3			



Activity 8 of 9

Draw it

Draw Chana in her duck sleeping bag with a circle of flashlight on the ceiling.

A large, empty rectangular box with a thin black border, intended for drawing Chana in her duck sleeping bag and a circle of flashlight on the ceiling.



Activity 9 of 9

Answers

Remember the story:

1. Shira's
2. A tiny flashlight with a note from Mommy
3. She breathes, uses the flashlight, looks at her photo, and asks Shira's mother for a hug
4. Pancakes

Fact or guess: 1 Fact; 2 Guess; 3 Fact; 4 Fact

Scrambled words: SLEEPING, FLASHLIGHT, POPCORN, PANCAKES, DUFFEL

Think and write: answers will vary; talk them over together.