

Twice, Out Loud

Eight activities

Activity 1: The almosts

From the story, what do the two weeks of almost cost Chaiky - beyond the telling itself? Why does every almost make the next one harder?

Activity 2: Your side or their side?

Label each rehearsal element Y (your side - you may prepare it) or T (their side - you may not script it).

1. Your first line.
2. Whether she cries.
3. The honest answer to "when did you know?"
4. Whether she forgives you.
5. Letting a silence be quiet.
6. What she says back. Then: why does scripting even ONE item on the T list weaken the whole rehearsal?

Activity 3: The three Tobies

Rochele plays Tobie three ways - crying, angry, quiet. What different instinct does each one trigger in Chaiky, and what does she practice doing instead? Why is Tobie Three (the quiet one) the hardest?

Activity 4: Rehearsal arithmetic (all numbers made up for practice)

A girl spends 2 weeks avoiding a talk, rehearsing it in her head 5 times a day at 10 minutes each. How many minutes of fog-rehearsal is that? Her sister's rule: out loud, twice, 30 minutes each. How many minutes is that? Which one worked? Show your steps.

Activity 5: "Crying is not failing"

Rochele says crying is not failing, and names two ways the talk CAN fail. What are they? Why are both of those failures about losing yourself, not about the other person's reaction?

Activity 6: Draw the porch

Draw the porch scene: two girls, the space between them, Tobie's hands. Only what can be seen - no labels for feelings. Caption with one line from the story.

Activity 7: Temmie's team - planning for a fictional case

A teen named Temmie has to tell her teammates she is switching to a different school next term, and she has been avoiding it for a week. Write her possible first line, her two must-says, two ways the teammates might react (that she may NOT script), and one thing she practices saying instead of defending herself. One sentence each, with names.

Activity 8: Word grid

Find eight words left to right. Row/column numbering begins at 1.

Q	T	A	L	K	V	W	B	F	Y
G	H	U	P	T	W	I	C	E	S
S	I	D	E	A	I	Q	Z	X	J
K	V	W	B	F	L	O	U	D	P
L	M	L	I	N	E	T	C	D	E
A	I	Q	Z	D	O	O	R	W	B
W	O	R	D	S	P	L	M	N	O
R	S	S	A	Y	E	A	I	Q	Z
X	J	K	V	W	B	F	Y	G	H
U	P	L	M	N	O	R	S	T	C

TALK, TWICE, SIDE, LOUD, LINE, DOOR, WORDS, SAY. Which two words name HOW Chaiky rehearses, and which word names the only part she is allowed to write?