

Three Names for It

Eight activities

Activity 1: One bell, three events

List the three events of Sterna's week and the identical body signal each one triggers. What is Sterna's one-size remedy, and why does it fail all three times?

Activity 2: Suitcase word

The librarian calls "upset" a suitcase word: "Everything gets thrown in, nothing gets found." What does she mean? What does naming each event properly make possible that the suitcase word does not?

Activity 3: Match the name to the step

For each name - disappointed, embarrassed, left out - write what it means in the librarian's definitions and the step that fits it. Why can't disappointed be fixed the way embarrassed is fixed? Why can't left out be fixed inside your own head?

Activity 4: Shelf-life arithmetic (all numbers made up for practice)

A girl replays an embarrassing moment 4 times a night for 6 nights. Her classmates think about it once, for one day. How many total replays does she run? If laughing-it-off-on-purpose cuts her replaying to 2 nights, how many replays does the step save? What can't the arithmetic measure? Show your steps.

Activity 5: The laugh changes hands

Watch what changes when Sterna laughs on purpose in Chapter 6: who laughs, how it sounds, and what happens to the wave as a story. What evidence shows her own move changing the moment? Why does laughing on purpose work differently from being laughed at?

Activity 6: Draw the board

Draw the cast-list moment: the bulletin board, the crowd, Sterna reading from the top. Only what can be seen - no labels for feelings. Caption with one line from the story.

Activity 7: Perka's week - a made-up case

A teen named Perka has three hits in one week: her essay does not win the school contest, she trips on the stairs in front of the ninth grade, and her cousins plan a picnic without her. Name each one, and write the fitting next step for each, one sentence per step, with names. Then write which one needs saying out loud to another person.



Activity 8: Word grid

Find eight words left to right. Row/column numbering begins at 1.

N	A	M	E	K	V	W	B	F	Y
H	U	R	T	L	M	N	O	R	S
S	T	E	P	A	I	Q	Z	X	J
T	E	L	L	F	Y	G	H	U	P
W	A	N	T	R	S	T	C	D	E
L	E	F	T	X	J	K	V	W	B
S	A	M	E	U	P	L	M	N	O
N	E	X	T	D	E	A	I	Q	Z
X	J	K	V	W	B	F	Y	G	H
U	P	L	M	N	O	R	S	T	C

NAME, HURT, STEP, TELL, WANT, LEFT, SAME, NEXT. Which two words name the thing that stays the same all week and the thing that changes when the name is right?