

I'm Fine

Eight activities

Activity 1: Remember the story

1. What are three things Tzilla runs before her accident?
2. What does "I'm fine" cost her in the first week - name two concrete prices.
3. What does her mother say about giving, control, and audience?
4. What is her one-real-ask rule, and what are her first three asks?

Activity 2: Fact or guess

1. Tzilla accepts the elevator key in the first week. Fact / Guess
2. The class's chart for Tzilla's family already has thirty names signed. Fact / Guess
3. Tzilla keeps checking the meal charts after handing them to Chaykie. Fact / Guess
4. Her mother eventually accepts help herself. Fact / Guess

Activity 3: Think and write

1. "Giving keeps you in charge. Receiving puts you in somebody's hands." Why is receiving more expensive for a girl who runs things?
2. "Giving costs effort. Asking costs pride." Explain the two currencies in your own words.
3. The neighbor drives away "a little taller" after Tzilla accepts the ride. How does accepting a gift give something to the giver?

Activity 4: Apply it - Hindi's recital

1. Hindi is organizing the grade's Chanukah recital alone and says no to every offer of help - not from pride, she says, but because "it's faster alone." (a) Using the story, name two things her "no" is really costing, and (b) write the first one-real-ask she could make tomorrow.
2. Tzilla says receiving is a skill with reps. Why does treating it as a skill work better than deciding to "be more humble"?
3. Think of someone who never lets anyone give them anything. What might they be protecting?

Activity 5: Scrambled words (from the story)

1. KSA
2. NIEF

3. DREI
4. TOSEN

Activity 6: Word work

Match each word to its meaning from the story.

1. reps
 2. audience
 3. handover
 4. creased
- a. giving the whole job, not just the work b. folded - the chart that came back out of the bag c. small repeated practices of a skill d. someone who watches but is never let in

Activity 7: Word search

Find the eight words hidden in the grid. All words run left to right.

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C R U T C H E S F Y
F I N E L M N O R S
A S K E A I Q Z X J
C A R R Y Y G H U P
C H A R T S T C D E
R I D E X J K V W B
N O T E S P L M N O
T R U S T E A I Q Z
X J K V W B F Y G H
U P L M N O R S T C

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The eight words: CRUTCHES, FINE, ASK, CARRY, CHART, RIDE, NOTES, TRUST.

Activity 8: Your turn - one real ask

Write five lines: name one thing you currently refuse help with (and the sentence you use to refuse it), then script your own "one real ask" for this week - who you will ask, for exactly what, and what you will say instead of "I'm fine" when they say yes.