

Think and write

Activity 1 of 3

Shira and the Poster That Was Never Done

Ages 9-12 | Do it on your own or with a grownup. You can leave anything blank.

1 Write one thing you are proud of in something you made.

2 What would you say to a friend who made the same thing?

3 Write your stopping rule: what will you fix, and when are you done?

Your answers are yours. Share them only if you want to.

Grownup conversation guide

Activity 2 of 3

Shira and the Poster That Was Never Done

Read the story together first. Take turns. Listen more than you advise.

- 1 What was Shira looking for in her poster?
- 2 How did Dassie's question help?
- 3 Share one of your own good-enough moments.
- 4 How can we celebrate effort at home?
- 5 What is one thing we could leave imperfect on purpose this week?

Tip: let your child pass on any question. Praise the effort of noticing, not a perfect answer. If worry, anger or sadness stays strong for weeks or gets in the way of daily life, talk with your child's doctor, school or a trusted professional.

Shira and the Poster That Was Never Done

Cut out the card, or copy it onto an index card, and keep it where you will see it.

Shira's Good-Enough Tool

1. Notice the mistake hunter. If you are only looking for what is wrong, you will miss what is right.
2. Talk to yourself like a friend. What would you say to a friend who made this?
3. Pick a stopping rule. Choose one or two things worth fixing, then decide you are done.
4. Let it be good enough. A finished, imperfect thing can still be good and kind and yours.

Good enough is allowed, and it is enough to be proud of.

Draw a time you could use this tool: