



Motty and the Helping Hand

Cut out the 4 cards. Glue or tape them in the boxes in the order they happened. Say the story out loud.

Motty says, "Help." Mommy hears the small word.

Motty's zipper sticks. He feels very frustrated.

Together, they zip the coat. Zip!

Mommy sits beside him and stays close.

Glue the cards here, 1 to 4

1

2

3

4

**Grownup tip**

Read each card aloud. Let your child choose the order and say the story in their own words. Passing or pointing is always fine.





Motty and the Helping Hand

Cut out the cards. Read each one with a grownup. Sort them into the two boxes. There is no wrong answer. Today's answer can be different from tomorrow's.

Say "Help"

Sit beside Mommy

Take a slow breath

Hold a hand

Show the stuck zipper

Cry with someone near

This helps me today

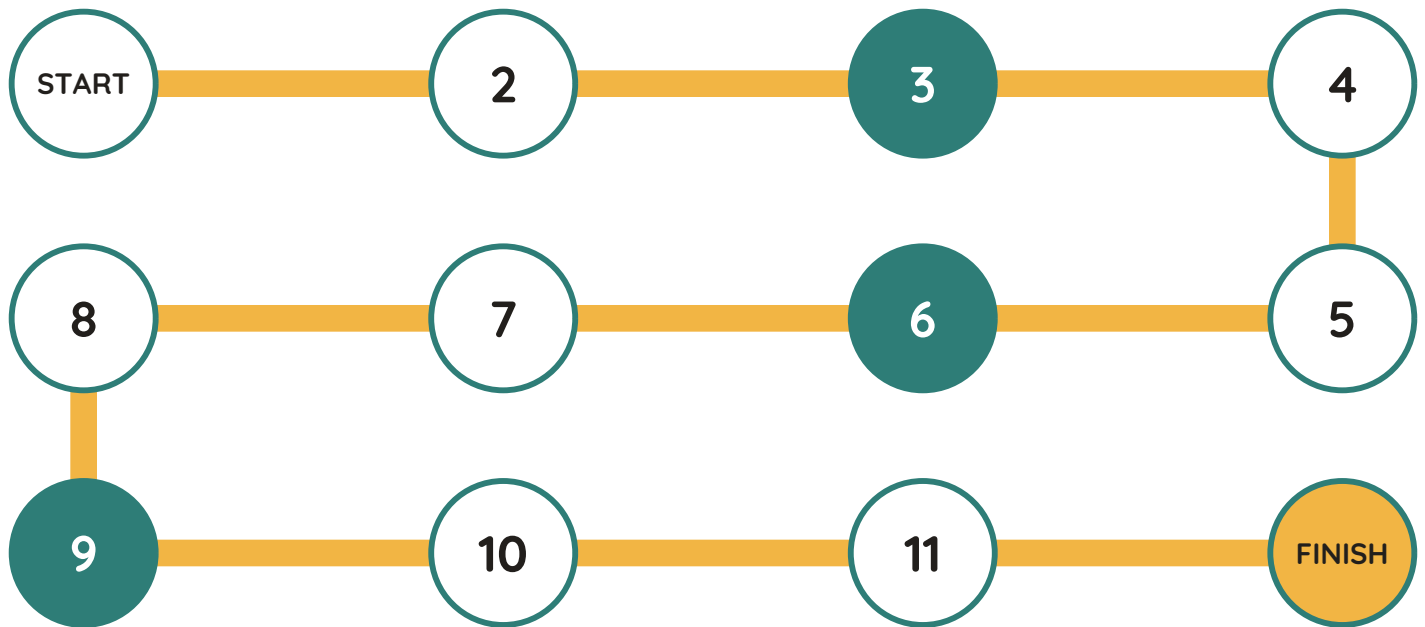
Maybe another day





Motty and the Helping Hand

Play with a grownup. Use a small token. Flip a coin: heads move 2 spaces, tails move 1. Say what the space says, then try it if you want to.



Teal spaces:

- 3 Notice the big feeling
- 6 Say "Help"
- 9 Try it together

Tool for this book: Say "Help"

#### Grownup tip

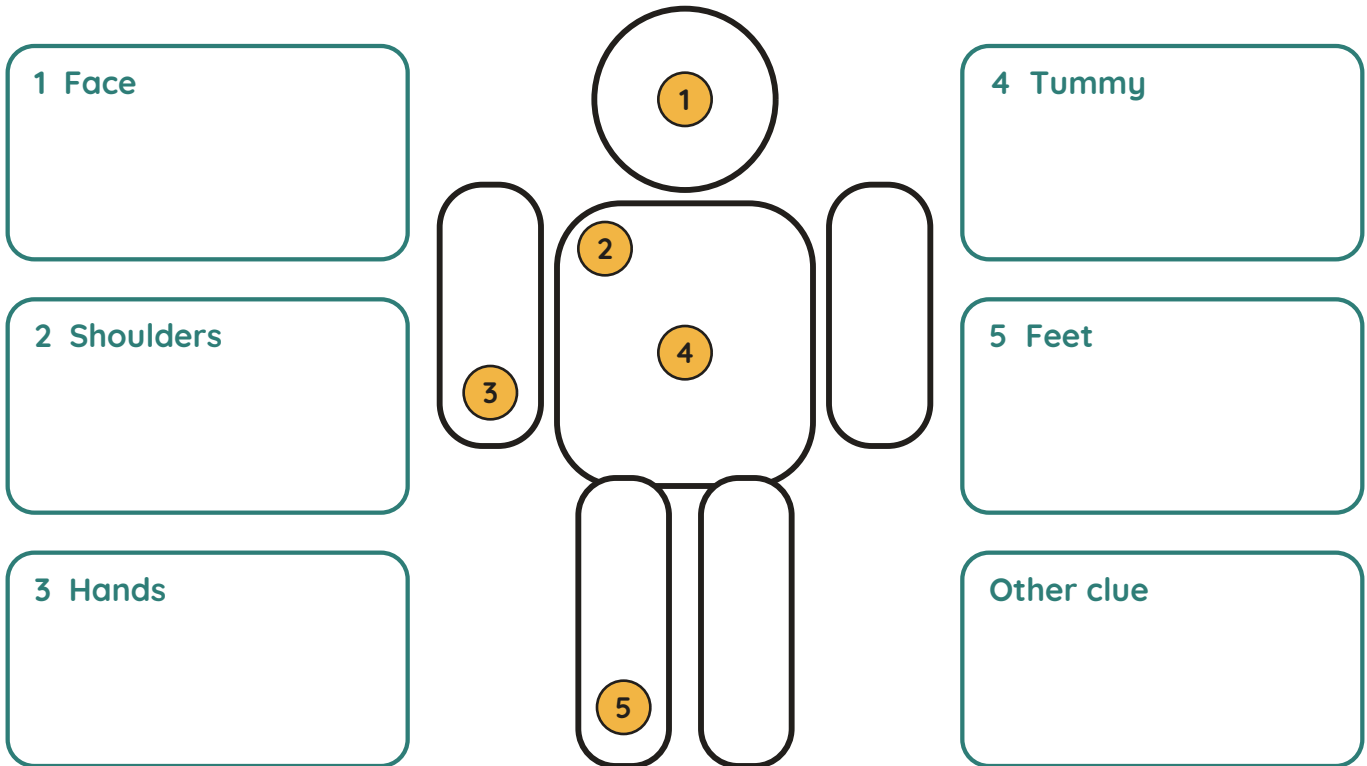
Model asking for help with a puzzle piece. Your child can ask in words, by pointing or by showing the piece. Stay beside them. Do not provoke frustration.





Motty and the Helping Hand

Color or draw what you notice in each place. You can point, scribble or skip. A clue is not an answer.



**Story clue:** Motty's face felt hot. His hands wanted to pull.

Grownup: ask "What do you notice?" and "What might help?" Do not tell your child what they feel. Passing is always fine.





Motty and the Helping Hand

Draw a trusted adult and one way you can ask for help.

My picture or my words:

### Grownup tip

Listen before suggesting. Your child may point, draw or pass. There is no right picture and no need to share a private feeling.

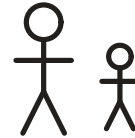




Cut on the solid line (grownup). Print at actual size. No sticker needs to be earned.



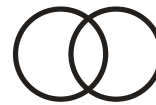
Help, please



Stay with me



A little space



Together



Safe hands



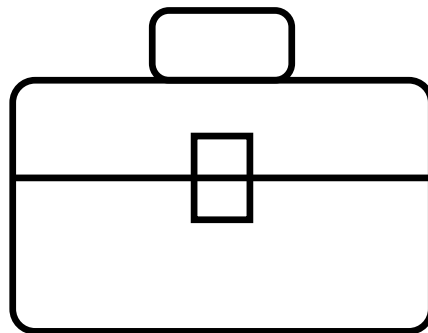
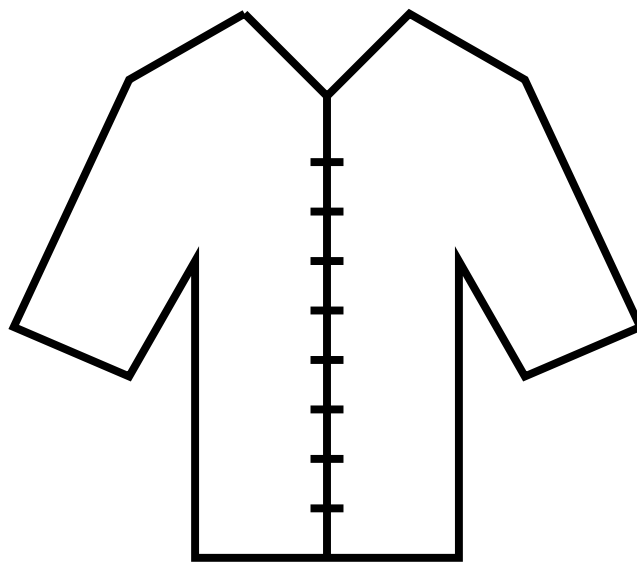
I can point





Motty and the Helping Hand

A coat with a zipper, and a toolbox. Color any way you like. Add something of your own.





Motty and the Helping Hand

Find the 4 words. They go left to right. A grownup can read the words. You can point or pass.

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| J | C | O | A | T | I | C | W |
| G | J | Z | V | W | G | N | D |
| H | E | L | P | M | L | H | H |
| J | O | B | G | C | R | J | V |
| M | P | S | T | A | Y | Z | L |
| C | Y | P | C | K | Z | S | Q |
| A | S | K | E | L | B | C | X |
| D | V | Z | J | G | I | Z | W |

Find:

COAT

HELP

STAY

ASK

Answers (row, columns): COAT 1, 2-5    HELP 3, 1-4    STAY 5, 3-6    ASK 7, 1-3

