

Dovi and the Worry Bubbles

Companion | Ages 3-6 | With a trusted grownup

Draw a bubble with a worry in it. Draw a second bubble with a friendly thought.

My picture or my words:

Grownup: listen before suggesting.

Your child may point, draw, speak or pass. No right picture and no need to share a private feeling.

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Ages 3-6 | Grownup-guided activity

Bubble Check

About 5 minutes. Materials: Paper and crayons, or pretend bubbles.

Try together

Draw one pretend bubble together. Ask the three questions from the story: Is it really true? What else could happen? What would I tell a friend? Listen first. Never brush away a worry that is real. The child may choose a thinking-bubble or pass.

Make room for choice

Point, draw or pass instead of speaking. Adult participation, no forced disclosure or touch.

After trying: Was it useful? What would you change?

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Square 2.25 x 2.25-inch designs | Print at 100% / actual size.

For play and choosing support. No sticker needs to be earned.



**Catch the
bubble**



Is it true?



What else?



Tell a friend



**Thinking
bubble**



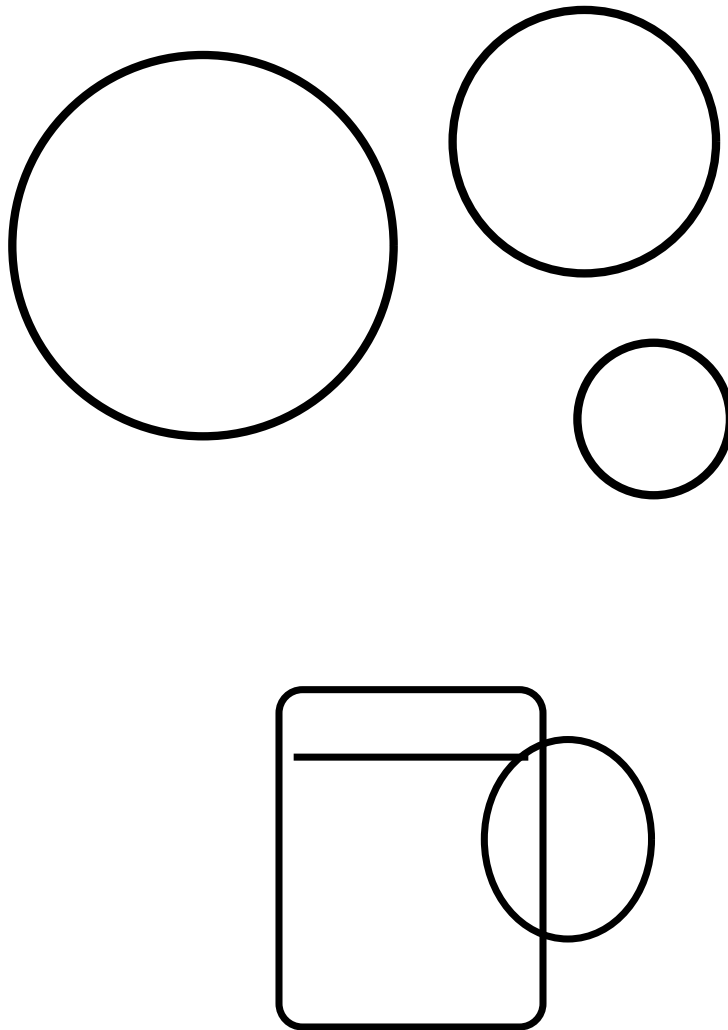
Check again

Dovi and the Worry Bubbles

Coloring and drawing

Bubbles and a cup of juice

Color any way you like. Add something of your own.



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Word search | Optional letter play

Find four words going left to right. No backwards words.

A grownup can read the words. You may point or pass.

L	T	B	U	B	B	L	E
W	N	E	H	R	G	I	Z
I	C	H	E	C	K	J	F
T	E	B	D	D	M	G	I
C	X	T	H	I	N	K	D
T	Q	J	Q	V	E	S	T
R	W	C	H	E	L	L	O
B	B	I	E	X	B	U	U

Find: BUBBLE CHECK THINK HELLO

Grownup answer key

Rows count down; columns count across, starting at 1.

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BUBBLE: row 1, columns 3-8

CHECK: row 3, columns 2-6

THINK: row 5, columns 3-7

HELLO: row 7, columns 4-8