



Dovi's Plan That Can Change

Cut out the 4 cards. Glue or tape them in the boxes in the order they happened. Say the story out loud.

He changes his choice: "I want you beside me."

Dovi draws a breath, a wiggle break and asking Totty.

One piece is sideways. They fix it together.

His train tips off the track. He tries a breath.

Glue the cards here, 1 to 4

1

2

3

4

Grownup tip

Read each card aloud. Let your child choose the order and say the story in their own words. Passing or pointing is always fine.





Dovi's Plan That Can Change

Cut out the cards. Read each one with a grownup. Sort them into the two boxes. There is no wrong answer. Today's answer can be different from tomorrow's.

A gentle breath

A wiggle break

Ask Totty to sit beside me

Tell what happened

Try a different tool

Fix it together

This helps me today

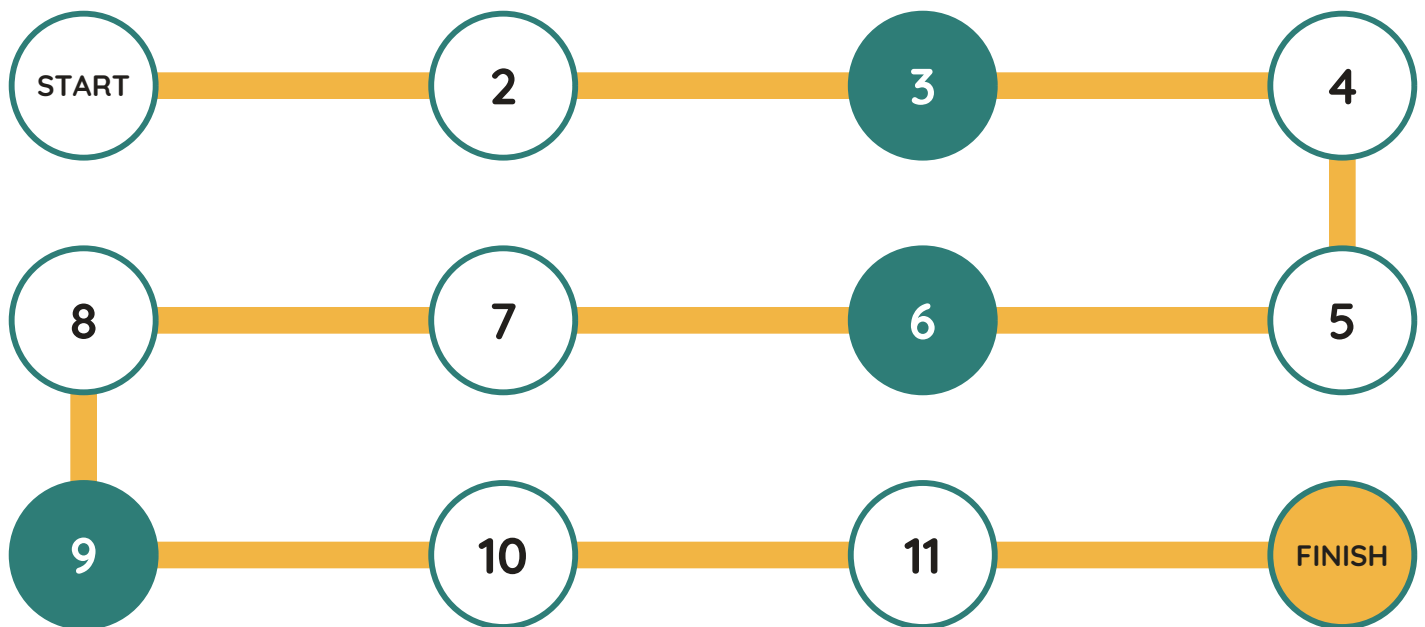
Maybe another day





Dovi's Plan That Can Change

Play with a grownup. Use a small token. Flip a coin: heads move 2 spaces, tails move 1. Say what the space says, then try it if you want to.



Teal spaces:

- 3 Try my first tool
- 6 Change my choice
- 9 Ask someone to sit beside me

Tool for this book: A plan that can change

Grownup tip

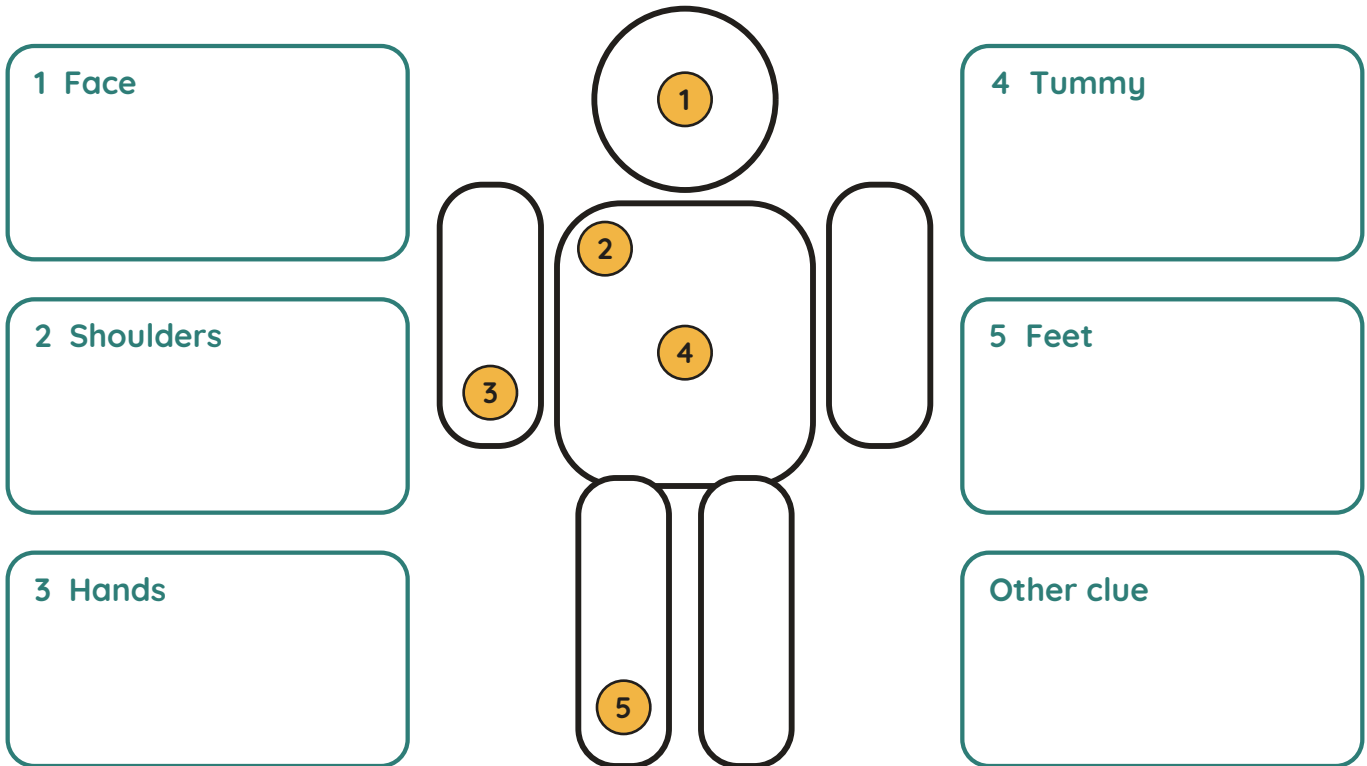
Draw two support choices plus a trusted adult. Your child picks one to practice when comfortable. Ask if another choice fits today.





Dovi's Plan That Can Change

Color or draw what you notice in each place. You can point, scribble or skip. A clue is not an answer.



Story clue: Dovi's tummy squeezed. His hands gripped the train.

Grownup: ask "What do you notice?" and "What might help?" Do not tell your child what they feel. Passing is always fine.





Dovi's Plan That Can Change

Draw two things to try and a person who can help. Keep one blank card for a new idea.

My picture or my words:

Grownup tip

Listen before suggesting. Your child may point, draw or pass. There is no right picture and no need to share a private feeling.

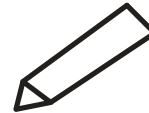




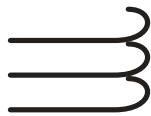
Cut on the solid line (grownup). Print at actual size. No sticker needs to be earned.



My plan



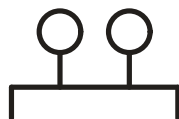
I can change it



Gentle breath



**Movement
break**



Sit beside me



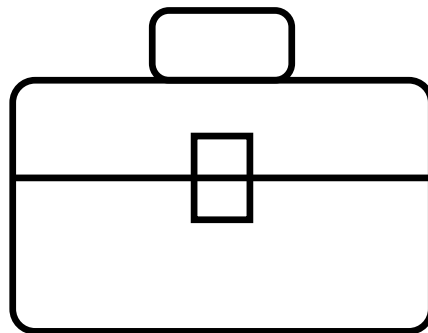
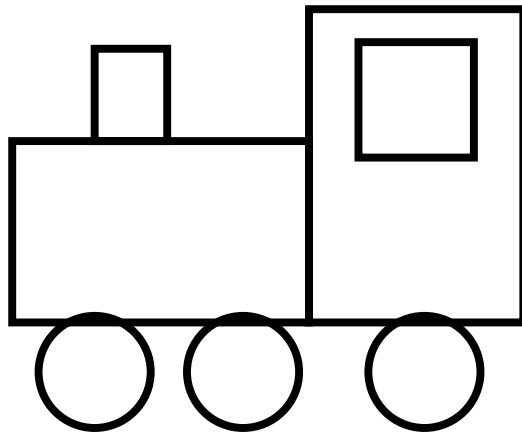
New idea





Dovi's Plan That Can Change

A train and a toolbox. Color any way you like. Add something of your own.





Dovi's Plan That Can Change

Find the 4 words. They go left to right. A grownup can read the words. You can point or pass.

L	H	V	T	R	A	I	N
M	K	L	I	U	F	F	M
Y	O	A	Z	P	L	A	N
O	T	Z	F	G	L	J	J
D	T	R	Y	B	C	I	K
M	J	V	B	O	M	E	X
M	R	R	B	H	E	L	P
G	Z	C	Z	R	K	Y	J

Find:

TRAIN

PLAN

TRY

HELP

Answers (row, columns): TRAIN 1, 4-8 PLAN 3, 5-8 TRY 5, 2-4 HELP 7, 5-8

